at rêt thai - or thai dishes in a traditional thai way

A fine selection of delicious Thai dishes and some regional dishes from Isaan, in northeastern Thailand, are on the menu. Isaan is a poor and arid region where it only rains a few months a year. The food from this region is generally much spicier and distinct of taste.

We offer five stages of spiciness you can choose from. But you can also specify your personal preferences (eg.no extra onions or mushrooms, etc.) to our employees. We use many (Dutch) seasonal vegetables to complement the dishes, serving you an original, affordable and healthy meal.

specialties of the cook:

Tod man pla Thai fishcakes (9), € 6,5

Pla raad prik red snapper & spicy sweet sauce, from € 16 (€ 3 per 100 gr.)

Som tam Thai salad of unripe papaya, € 12,5 Sai kok hhomemade Thai pork sausages, € 9

Saté Thai chicken satay, 4 skewers with sweet satay (peanut) sauce, € 7

Pad Krapau home-cooked broad rice noodles, stir-fried oyster sauce and vegetables with egg, basil,

cashew nuts and pepper of your choice. From € 14.

We also cater for larger groups and we have a home delivery service! STUDENTS receive upon presentation of their student card a 10 % (specify when ordering!) discount on meals (excl. drinks!).

sponsonship

Each year we sponsor another school in the home of Benjamat Samat (chief cook of the restaurant). The region is located in the northeast of Thailand, a poor agricultural area. The sponsorship we do together with our customers. We have a pot in our restaurant, where customers can put their donation. When we visit Thailand, we buy things for schools that they don't receive from the government. Such as: computers, sound equipment and other supplies. In this way we try to contribute something to the overall development of children in Thailand. The money we collect, we donate it with goods or foods, directly to schools. The schools won't receive any money in their hands, in order to exclude corruption. We appreciate your help, donations and support a lot!

appetizers * kintia







101 Thai pau pla, vegetarian Thai spring roll (1 st.)	1,5
102 Tod man pla, 9 fishcakes	6,5
103 Tod man gai, 9 chicken biscuits	6,5
104 Tod man neua, 9 beef biscuits	6,5
105 Tod man kung, 5 shrimp cakes	4
106 Kung chub peng tod, 4 pieces of fried prawns	6
107 Pak chub peng tod, fried vegetables	5
108 Pla chub peng tod, 4 pieces of fried fish	5
109 Gai haw bai toey, chicken in pandan leaf	5,5
110 Thai chicken satay with sweet satay (peanut) sauce	7
111 Sai kok, homemade Thai pork sausages	9
112 Nem kaduk moo, fried pork chews	9
113 Gai tod trakai, fried chickenwings with lemongrass	8
114 Moo yang, grilled pork skewer with 2 sauces	7









201 Noodle soup for the little ones	small big	2,5 4,5
202 Kwai tiaw, Thais noodle soup of my wife, with chicken or beef (meal soup)		11
203 Tom yam kung, sour and spicy soup, with prawns and mushrooms (7 peppers)	small big	5 10
204 Tom yam gai, sour and spicy soup, with chicken and mushrooms (7 peppers)	small big	4,5 9
205 Tom yam talae, sour and spicy soup, with seafood and mushrooms (7 peppers)	small big	5 10
206 Tom yam pla, sour and spicy soup, with fish and mushrooms (7 peppers)	small big	5 10
207 Tom ka kung, coconut soup, with prawns and mushrooms	small big	5 10
208 Tom ka gai, coconut soup, with chicken and mushrooms	small big	4,5 9
209 Tom ka talae, coconut soup, with seafood and mushrooms	small big	5 10
210 Tom ka pla, coconut soup, with fish and mushrooms	small big	5 10
211 Tom sep, soup with pork chops		11

specialties * phisis







102 Tod man pla, 9 fishcakes	6,5
612 Pla raad prik, red snapper & spicy sweet sauce, from *€ 3,00 per 100 gram	16
709 Som tam, Thai salad of unripe papaya	12,5
111 Sai kok, Thai pork sausages	9
110 Thai chicken satay with sweet satay (peanut) sauce	7
809 Pad krapau, home-cooked broad rice noodles, stir-fried with oyster sauce and vegetables with egg basil, cashew nuts and pepper of your choice	14
 + chicken + tofu + pork + fish or squid + beef + prawns 	15 15 16 17 18,5 19,5





pak * gai * mou * neua * pla



พลรรผหนภ

Massaman is a southern non-spicy Thai curry with potatoes, onions, peanuts and meat or fish of your choice.

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu $+ \in 1$)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
901	301	401	501	601	601-G



вам

Yam is a spicy sweet and sour salad with onions, peanuts, glass noodles, coriander and meat or fish of your choice. Beware! This dish is even with 1 pepper already pretty spicy. This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu $+ \in 1$)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
902	302	402	502	602	602-G



ead erik)

Pad prik are stir fried vegetables in red curry paste, Thai sweet basil and meat or fish of your choice.

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu $+ \in 1$)

	13	14	15	17,5	16	18,5
••••	[vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
	903	303	403	503	603	603-G

Choice of spiciness:

main dishes
pak * øai * neua * pla





Paneng is a Thai red curry with coconutmilk, mixed vegetables and meat or fish of your choice.

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
904	304	404	504	604	604-G



kaeng kea uaan 🕽

Kaeng Kea waan is a Thai green curry with coconutmilk, mixed vegetables and meat or fish of your choice.

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
905	305	405	505	605	605-G



Gang kharee is a Thai yellow curry with coconutmilk, mixed vegetables and meat or fish of your choice. This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
[vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
906	306	406	506	606	606-G



main dishes

pak * gai * wor * rera * bla





Pad bai krapau are stir fried vegetables with Thai basil, chilli peppers, oyster sauce and meat or fish of your choice. This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
907	307	407	507	607	607-G



eed nam manhou

Pad nam manhoy are stir fried vegetables in oyster sauce and meat or fish of your choice.

This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
908	308	408	508	608	608-G



ndek keing bea

Pad priow wahn are stir fried vegetables in sweet and sour sauce and meat or fish of your choice.

This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
909	309	409	509	609	609-G

Choice of spiciness:

main dishes

pak * gai * wor * rera * bla





ead med mamuang

Pad med mamuang are stir fried vegetables in oyster sauce with cashew nuts and meat or fish of your choice.

This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	14	15	17,5	16	18,5
[vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
910	310	410	510	610	610-G



касіам рвіксаї

Katiam priktai are vegetables or meat or fish of choice, marinated and fried with garlic and topped with fresh coriander. This dish is also vegan available!

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice. (tofu + € 1)

13	13	14	16,5	15	17,5
 [vegetables]	[chicken]	[pork]	[beef]	[fish or squid]	[prawns]
911	311	411	511	611	611-G



Raad prik)

Raad prik is meat or fish of choice, poured with spicy [3] sweet and sour sauce.

Our dishes are fresh, can be customized to your taste/wishes or diet advice and are served with white rice.

13	14	16,5	15	17,5
 [chicken]	[pork]	[beef]	[fish or squid]	[prawns]
312	412	512	612	612-G

Choice of spiciness:











Isaan is a region in the northeast of Thailand.

It is a poor and arid region where it only rains a few months a year. The food from this region is therefore different from the rest of Thailand. Overall the food is much spicier and of distinct taste

701 Rahb Neua Sap, minced meat salad with fresh Thai herbs	13
702 Rahb Neua Pen, steak salad with fresh Thai herbs	18)
703 Rahb Pla, fish salad with fresh Thai herbs	17
704 Ohm Gai (Laos), chicken including organs with fresh herbs	15)
705 Rahb Gai (Laos), minced chicken of tofu salad with fresh Thai herbs	14
706 Soop Makeu, Thai eggplant with fermented fish and herbs	13
707 Soop Normai, Thaise bamboe with fermented fish and herbs	13)
708 Ohm Neua, soup of sliced steak with spring onions and herbs	18
709 Som Tam, Thai salad of unripe papaya This dish is also vegan available!	12,5
211 Tom sep	11

Choice of spiciness:

soup with pork chops

[1] 1 pepper - [2] 2 peppers - [3] 3 peppers - [4] 7 peppers, [5] 15 peppers!!

side dishes * RR PRRN FIRNG







801 Tod kai, Thai omelette with rice		7
802 Pad mamma, fried Thai mie-noodles with vegetables	small big	5 8
803 Pad thai, fried Thai rice-noodles with spring onions crushed peanuts and prawns	small big	
804 Pad see ieuw gai, fried rice-noodles with chicken and vegetables in soy sauce	small big	
805 Laat naa gai, creamy noodle soup with chicken	small big	-
806 Pad kee mauw, fried Thai mie-noodles (spicy)	small big	_
807 Koa pad kai, Thai fried rice with eggs	small big	4,5 8
808 Koa pad gai, Thai fried rice with chicken	small big	
809 Pad krapau, home-cooked broad rice noodles, stir-fried with oyster sauce and vegetables with egg, basil, cashew nuts and pepper of your choice.		14
+ tofu + chicken + pork + fish or squid		15 15 16 17
+ beef + prawns		18,5 19,5

Choice of spiciness:

[1] 1 pepper - [2] 2 peppers - [3] 3 peppers - [4] 7 peppers, [5] 15 peppers!!

allergens list



Gluten: all dishes except for curry with coconut

Milk: cappucino and ice cream and 1-2/103/104/105

Nuts: all no. 10 of meat, fish, vegetable dishes and no. 1-2/103/104/105, 809

Peanuts: massaman, yam, saté, moo yang en som tam

Shellfish: all no. 1/3/4/5/12 of meat, fish, vegetable dishes and and dishes with prawns/shrimp

Celery: 202

Soy: all dishes (except coconut soup)

Fish: 102/103/104/105/203/204/205/206/701/702/703/704/708/709 all no. 2 of meat, fish and vegetable dishes.

Molluscs: 109/110 and 7/8/9/10/11 of meat, fish, vegetable dishes

Sulfur dioxide: red wine